

# #MacroSW transcript

## Healthcare Social Media Transcript

**From:** Thu Feb 02 18:00:00 PST 2017  
**To:** Thu Feb 02 19:15:00 PST 2017  
*change time period*

What is **#MacroSW**? Who were the influencers during this time period? **#MacroSW analytics**

Healthcare Conference - Healthcare Tweet Chats - Healthcare Analytics

**karenzgod**

**#MacroSW** is starting - please excuse tweet storm! <https://t.co/qsdBE7w9lc>  
Thu Feb 2 18:00:07 PST 2017

**uhdare**

Please excuse the extra tweets. I'm joining the **#MacroSW** Twitter chat!  
Thu Feb 2 18:00:22 PST 2017

**justin\_vest**

RT **@OfficialMacroSW**: Chat starts in 1 min. Tonight is the start of our organizing chat series <https://t.co/5nHvxWfTiT> **#MacroSW**  
Thu Feb 2 18:00:23 PST 2017

**uhdare**

RT **@OfficialMacroSW**: Chat starts in 1 min. Tonight is the start of our organizing chat series <https://t.co/5nHvxWfTiT> **#MacroSW**  
Thu Feb 2 18:00:45 PST 2017

**spcummins**

It's Thursday night and you know what that means... **#macrosw** <https://t.co/Y7XWHfPIKo>  
Thu Feb 2 18:00:46 PST 2017

**effbee\_mcan**

RT **@OfficialMacroSW**: Chat starts in 1 min. Tonight is the start of our organizing chat series <https://t.co/5nHvxWfTiT> **#MacroSW**  
Thu Feb 2 18:00:50 PST 2017

**sunyafolayan**

RT **@karenzgod**: **#MacroSW** is starting - please excuse tweet storm!  
<https://t.co/qsdBE7w9lc>  
Thu Feb 2 18:00:57 PST 2017

**m\_elymedina**

**#MacroSW**  
Thu Feb 2 18:00:57 PST 2017

**spcummings** RT @karengoda: #MacroSW is starting - please excuse tweet storm!  
<https://t.co/qsdBE7w9lc>  
Thu Feb 2 18:01:02 PST 2017

**karengoda** Welcome to #MacroSW chat!  
Thu Feb 2 18:01:27 PST 2017

**sunyafolayan** #macrosw has begun. Please excuse extra tweets!  
Thu Feb 2 18:01:37 PST 2017

**niaramorrow** RT @karengoda: #MacroSW is starting - please excuse tweet storm!  
<https://t.co/qsdBE7w9lc>  
Thu Feb 2 18:01:47 PST 2017

**karengoda** RT @spcummings: It's Thursday night and you know what that means... #macrosw  
<https://t.co/Y7XWHfPIKo>  
Thu Feb 2 18:01:48 PST 2017

**\_ashblanchard** RT @OfficialMacroSW: Chat starts in 1 min. Tonight is the start of our organizing chat series <https://t.co/5nHvxWfTiT> #MacroSW  
Thu Feb 2 18:01:54 PST 2017

**karengoda** Tonight's chat archive and upcoming chat schedule can be found at:  
<https://t.co/FqG9eEoAJB> #MacroSW  
Thu Feb 2 18:01:56 PST 2017

**porndaughter** Excuse extra tweets for #macrosw chat  
Thu Feb 2 18:02:01 PST 2017

**karengoda** If you are new to our Twitter chats, check out our FAQs here: <https://t.co/Awcx7xPFuu> #MacroSW  
Thu Feb 2 18:02:14 PST 2017

**sunyafolayan** RT @spcummings: It's Thursday night and you know what that means... #macrosw  
<https://t.co/Y7XWHfPIKo>  
Thu Feb 2 18:02:19 PST 2017

**echoechor** @karengoda that guy has NO reaction to a digital bird getting thrown in his face, haha #macrosw  
Thu Feb 2 18:02:22 PST 2017

**polisw** RT @karengoda: Tonight's chat archive and upcoming chat schedule can be found at:  
<https://t.co/FqG9eEoAJB> #MacroSW  
Thu Feb 2 18:02:34 PST 2017

**amandamichelle** ack! running late for #macroSW but yamobeetheah!  
Thu Feb 2 18:02:41 PST 2017

**officialmacrosw** RT @karengoda: Tonight's chat archive and upcoming chat schedule can be found at:

<https://t.co/FqG9eEoAJB> #MacroSW

Thu Feb 2 18:02:43 PST 2017

**karengoda**

If you are new to Macro #socialwork, we have a FAQ for that too: <https://t.co/bD9W3YApbv> #MacroSW

Thu Feb 2 18:02:43 PST 2017

**karengoda**

Our #MacroSW chat partners are @VilissaThompson @UBSSW @acosaorg @SunyaFolayan @poliSW @laurelhitchcock @porndaughter

Thu Feb 2 18:03:04 PST 2017

**karengoda**

Let's start w/ introductions. I'm Karen Zgoda, Instructor @BridgeStateU & @SimmonsMSW #swtech #MacroSW

Thu Feb 2 18:03:20 PST 2017

**officialmacrosw**

RT @karengoda: If you are new to Macro #socialwork, we have a FAQ for that too: <https://t.co/bD9W3YApbv> #MacroSW

Thu Feb 2 18:03:21 PST 2017

**nicoleclarklmsw**

RT @OfficialMacroSW: #MacroSW tonight at 9pm ST w/ guest expert @Justin\_Vest! <https://t.co/GijOxRHkpk>

Thu Feb 2 18:03:40 PST 2017

**nicoleclarklmsw**

RT @karengoda: Fighting an Anti-Social Work Agenda: Understanding Power #MacroSW 2/2 at 9pm EST <https://t.co/ESMoJyMfeM> via...

Thu Feb 2 18:03:46 PST 2017

**poliSW**

#SocialWork come join the conversation. <https://t.co/PmCL5Hqli6>

Thu Feb 2 18:04:02 PST 2017

**themattschwartz**

I'm Matt Schwartz, MSW student @UBSSW #MacroSW #UB #UBSSW

Thu Feb 2 18:04:23 PST 2017

**mdrswrj**

RT @OfficialMacroSW: Chat starts in 1 min. Tonight is the start of our organizing chat series <https://t.co/5nHvxWfTiT> #MacroSW

Thu Feb 2 18:04:25 PST 2017

**profetmitchell**

SW prof in IN joining #MacroSW

Thu Feb 2 18:04:26 PST 2017

**karengoda**

RT @poliSW: #SocialWork come join the conversation. <https://t.co/PmCL5Hqli6>

Thu Feb 2 18:04:27 PST 2017

**amarielive**

MSW student from Millersville University!#macroSW

Thu Feb 2 18:04:36 PST 2017

**lindzsunshine07**

msw candidate, millersville univeristy #macrosw

Thu Feb 2 18:04:46 PST 2017

**echoechor**

#macrosw moves fast so use tweetdeck (or similar) if you can!

Thu Feb 2 18:04:48 PST 2017

**rdaczka**

Hi a!! Master Social Work student from Millersville University here! #MacroSW

Thu Feb 2 18:04:53 PST 2017

**polisw**

I'm a Advocacy and Community Outreach Consultant and founding #MacroSW chat partner.

Thu Feb 2 18:04:59 PST 2017

**sunyafolayan**

#macrosw Welcome to everyone new, and s/o to students. Hello chat team partners! Let's do this! :)

Thu Feb 2 18:05:07 PST 2017

**jenneffa1**

#MacroSW

Thu Feb 2 18:05:11 PST 2017

**shunae23**

#MacroSW

Thu Feb 2 18:05:19 PST 2017

**brendan\_beal**

Hello I'm a prof at @MontevalloSWK #MacroSW

Thu Feb 2 18:05:22 PST 2017

**cassandramroth**

Hi! I'm Cassie from Millersville University MSW program! Read to chat about #macrosw <https://t.co/YsCBZRGLte>

Thu Feb 2 18:05:26 PST 2017

**echoechor**

Hey #macrosw I'm Echo. A community psychologist who helps others w/ creative & visual research communication. Here's my self portrait ;) <https://t.co/v5Nm8CcHEY>

Thu Feb 2 18:05:27 PST 2017

**socialchange91**

Hey everyone ! I'm here and watching scandal lol #MacroSW

Thu Feb 2 18:05:30 PST 2017

**glcefd**

MSW student! #macrosw

Thu Feb 2 18:05:30 PST 2017

**spcumings**

Hi, everyone! Stephen Cummings, clinical assistant professor at the University of Iowa School of Social Work #macrosw

Thu Feb 2 18:05:39 PST 2017

**niaramorrow**

MSW student from UC! #MacroSW

Thu Feb 2 18:05:40 PST 2017

**socialworkersrj**

RT @OfficialMacroSW: Chat starts in 1 min. Tonight is the start of our organizing chat series <https://t.co/5nHvxWfTiT> #MacroSW

Thu Feb 2 18:05:46 PST 2017

**carmour22**

#macrosw MSW student from Millersville University!

Thu Feb 2 18:05:50 PST 2017

**officialmacrosw**

Tonights chat topic #MacroSW #Advocacy <https://t.co/rhXdgv3J82>

Thu Feb 2 18:05:57 PST 2017

**kay\_social\_work**

Hello! I'm an MSW student at the University at Buffalo. #macrosw

Thu Feb 2 18:06:02 PST 2017

**henryparada\_rye**

RT @karengoda: If you are new to Macro #socialwork, we have a FAQ for that too: <https://t.co/bD9W3YApbv> #MacroSW

Thu Feb 2 18:06:04 PST 2017

**karengoda**

@AmandaMichelle welcome back to #MacroSW!

Thu Feb 2 18:06:06 PST 2017

**samantha\_mu17**

Hi, I'm Samantha. I'm a MSW student at Millersville University #MacroSW

Thu Feb 2 18:06:07 PST 2017

**echoechor**

I had to stop watching Unsovled Mysteries to participate tonight :) #macrosw #nostalgia @socialchange91

Thu Feb 2 18:06:19 PST 2017

**\_ashblanchard**

Ashley Blanchard here. Policy and research analyst for @bcacct, associate with @YSocialWork. #macrosw

Thu Feb 2 18:06:28 PST 2017

**karengoda**

@profetmitchell Welcome back Elissa! #MacroSW

Thu Feb 2 18:06:29 PST 2017

**porndaughter**

Hello everyone, Kristin here. #macrosw

Thu Feb 2 18:06:41 PST 2017

**nicoleclarklmsw**

Hi everyone. I'm a #ReproJustice activist, social worker & consultant based in NYC. Haven't participated in a chat in a while. #MacroSW

Thu Feb 2 18:06:48 PST 2017

**whatthetweet125**

@OfficialMacroSW #macrosw A1: When someone is able to influence others which result in changes of some kind. Usually male and white

Thu Feb 2 18:06:52 PST 2017

**jenneffa1**

RT @OfficialMacroSW: #MacroSW tonight at 9pm ST w/ guest expert @Justin\_Vest! <https://t.co/GijOxRHkpk>

Thu Feb 2 18:06:54 PST 2017

**jenniferklahold**

#macroSW A1: Power is the ability to influence and change others or your environment #MSW # MillersvilleUniversity

Thu Feb 2 18:07:03 PST 2017

**officialmacrosw**

Awesome :) <https://t.co/INj2dappwb> #MacroSW

Thu Feb 2 18:07:12 PST 2017

**profetmitchell**

@karengoda thanks! Good to see you #MacroSW

Thu Feb 2 18:07:23 PST 2017

**echoechor**

haha thanks :) #macrosw @OfficialMacroSW

Thu Feb 2 18:07:27 PST 2017

**\_melea\_**

#macrosw hi! Macro SoWo'er in the Tarheel State! (NC)

Thu Feb 2 18:07:34 PST 2017

**officialmacrosw**

@NicoleClarkLMSW Welcome #MacroSW

Thu Feb 2 18:07:46 PST 2017

**lindzsunshine07**

RT @whatthetweet125: @OfficialMacroSW #macrosw A1: When someone is able to influence others which result in changes of some kind. Usually...

Thu Feb 2 18:07:52 PST 2017

**alexislarvick**

Hi I'm Alexis from @nwc Iowa and I am a social work student. #MacroSW

Thu Feb 2 18:07:52 PST 2017

**justin\_vest**

Hi all, I'm Justin. I'm an MSW & community organizer. Joining in as a co-host tonight. #MacroSW

Thu Feb 2 18:08:03 PST 2017

**shannaksett**

MSW student in KY #MacroSW

Thu Feb 2 18:08:06 PST 2017

**alliehotsauce**

Hello everyone! Im an organizer (with MSW) in Athens, GA #macrosw

Thu Feb 2 18:08:09 PST 2017

**sjgamer\_**

A1: Power has become synonymous with money in my mind, especially given recent events. But also the ability to influence and change #macrosw

Thu Feb 2 18:08:12 PST 2017

**shrrywins**

A1: The ability to give hope, empower, and effect change, conversely also the ability to oppress, effect change and instill fear. #macrosw

Thu Feb 2 18:08:17 PST 2017

**officialmacrosw**

@\_AshBlanchard @bcacct @YSocialWork Welcome #MacroSW

Thu Feb 2 18:08:17 PST 2017

**lindzsunshine07**

@whatthetweet125 @OfficialMacroSW agreed, white male privilege but we need to be the voice of change #macrosw

Thu Feb 2 18:08:18 PST 2017

**effbee\_mcan**

@Justin\_Vest where are you from? #macrosw

Thu Feb 2 18:08:29 PST 2017

**karengoda**

Special hello to all our Millersville University students joining us tonight! #MacroSW  
<https://t.co/B6c4GNeM2X>

Thu Feb 2 18:08:35 PST 2017

**effbee\_mcan**

RT @karengoda: Special hello to all our Millersville University students joining us tonight!  
#MacroSW <https://t.co/B6c4GNeM2X>

Thu Feb 2 18:08:43 PST 2017

**officialmacrosw**

RT @Justin\_Vest: Hi all, I'm Justin. I'm an MSW & community organizer. Joining in as a co-host tonight. #MacroSW

Thu Feb 2 18:08:49 PST 2017

**dirtymusser**

@OfficialMacroSW I love that this topic is so relevant to everything going on in our country, definitely great topic for tonight's #MacroSW

Thu Feb 2 18:08:52 PST 2017

**karengoda**

@Brendan\_Beal @MontevalloSWK great to see you again! #MacroSW

Thu Feb 2 18:08:53 PST 2017

**whatthetweet125**

@OfficialMacroSW @echoechoR I could have sworn you drew a picture of me #macrosw

Thu Feb 2 18:09:06 PST 2017

**karengoda**

Our first question will be in about 1 minute. #MacroSW

Thu Feb 2 18:09:08 PST 2017

**cmcollins291**

RT @karengoda: Special hello to all our Millersville University students joining us tonight!  
#MacroSW <https://t.co/B6c4GNeM2X>

Thu Feb 2 18:09:12 PST 2017

**officialmacrosw**

@Justin\_Vest Thank you for doing this chat series with us. #MacroSW

Thu Feb 2 18:09:13 PST 2017

**sjgamer\_**

@shrrywins To influence is not always positive. sometimes it is easy to think of it as such. Fear is a type of influence too. #macrosw

Thu Feb 2 18:09:17 PST 2017

**justin\_vest**

@alliehotsauce Great to have a fellow southerner & organizer. Welcome! #MacroSW

Thu Feb 2 18:09:23 PST 2017

**karengoda**

RT @Justin\_Vest: Hi all, I'm Justin. I'm an MSW & community organizer. Joining in as a co-host tonight. #MacroSW

Thu Feb 2 18:09:26 PST 2017

**officialmacrosw**

RT @dirtymusser: @OfficialMacroSW I love that this topic is so relevant to everything going on in our country, definitely great topic for t...

Thu Feb 2 18:09:27 PST 2017

**lindzsunshine07**

power is harnessing your passion to enlighten hope and positive change #macrosw

Thu Feb 2 18:09:30 PST 2017

**gameodactyl**

@OfficialMacroSW Newcomer here, MSW student at @millersvilleu. #MacroSW #HighFive!

Thu Feb 2 18:09:35 PST 2017

**echoechor**

im glad it's not just me ;) #macrosw @whatthetweet125 @OfficialMacroSW

Thu Feb 2 18:09:37 PST 2017

**shunae23**

@Justin\_Vest Hey Justin, I'm a MSW graduate student at Millersville Universit #MacroSW

Thu Feb 2 18:09:44 PST 2017

**sujymmy**

MSW student from Shipp, PA reporting in. #macrosw

Thu Feb 2 18:09:47 PST 2017

**a2recdirect**

Hi #MacroSW peeps - signing in a little late. How is everyone?

Thu Feb 2 18:09:48 PST 2017

**profetmitchell**

@ShannaKSett hey Shanna! So glad you've joined the convo tonight. #MacroSW

Thu Feb 2 18:09:54 PST 2017

**lindzsunshine07**

RT @Gameodactyl: @OfficialMacroSW Newcomer here, MSW student at @millersvilleu. #MacroSW #HighFive!

Thu Feb 2 18:10:03 PST 2017

**ubssw**

Good evening. VERY glad to be at the first of @Justin\_Vest's Community Organizing series for #MacroSW - This is Pat Shelly for @UBSSW <https://t.co/v28PKDDuq2>

Thu Feb 2 18:10:06 PST 2017

**amarielive**

Q1: The ability to have widespread influence. Power creates change, good and bad. #MacroSW

Thu Feb 2 18:10:15 PST 2017

**themattschwartz**

A1: freedom to change oneself/environment/direction; I think (don't know) I see it when folks can do it @ time/place their choosing #macrosw

Thu Feb 2 18:10:18 PST 2017

**lindzsunshine07**

yay!!!!!! hi patrick #macrosw

Thu Feb 2 18:10:18 PST 2017

**officialmacrosw**

@A2RecDirect Welcome #MacroSW

Thu Feb 2 18:10:23 PST 2017

**justin\_vest**

RT @OfficialMacroSW: @Justin\_Vest Thank you for doing this chat series with us. #MacroSW

Thu Feb 2 18:10:26 PST 2017



**fargocat**

@Justin\_Vest @OfficialMacroSW Thank you Justin nice to meet you #macrosw

Thu Feb 2 18:10:27 PST 2017

**\_ashblanchard**

"What is power?" <https://t.co/n8opDGQiyX>

Thu Feb 2 18:10:28 PST 2017

**ubssw**

please excuse the extra tweets - joining #MacroSW chat! <https://t.co/Cy6jD4Bace> (slow internet tonight - tweeting from Canada)

Thu Feb 2 18:10:40 PST 2017

**jenniferklahold**

@shrrywins - It's interesting how you also mentioned ability to oppress and instill fear. - unfortunately that is power too #macrosw

Thu Feb 2 18:10:40 PST 2017

**echoechor**

Q1 hasn't been asked yet, right? did i miss it? #macrosw

Thu Feb 2 18:10:40 PST 2017

**kristys\_way**

This is exciting! #MacroSW Supporting #MacroFrank from Millersville U!

Thu Feb 2 18:10:48 PST 2017

**kay\_social\_work**

@SJGamer\_ @shrrywins Power can also be the ability to empower individuals to speak out for themselves. #macrosw

Thu Feb 2 18:10:49 PST 2017

**karengoda**

We've been planning this organizing chat series for months - we lucked out with it being so timely! #MacroSW <https://t.co/HDSYusmi6G>

Thu Feb 2 18:10:49 PST 2017

**socialworkersrj**

RT @UBSSW: Good evening. VERY glad to be at the first of @Justin\_Vest's Community Organizing series for #MacroSW - This is Pa...

Thu Feb 2 18:10:58 PST 2017

**newsocialworker**

Hi #MacroSW I'm Linda Grobman, Publisher/Editor of The New Social Worker magazine <https://t.co/5AQnUFUul2>

Thu Feb 2 18:10:59 PST 2017

**karengoda**

Tonight's topic is Fighting an Anti-Social Work Agenda: Understanding Power: <https://t.co/qr3hghU8Af> #MacroSW

Thu Feb 2 18:11:10 PST 2017

**socialchange91**

RT @OfficialMacroSW: Tonights chat topic #MacroSW #Advocacy <https://t.co/rhXdgv3J82>

Thu Feb 2 18:11:11 PST 2017

**nicoleclarklmsw**

Waving from NYC! I'm from Atlanta :- ) #macrosw @Justin\_Vest @alliehotsauce <https://t.co/9Uae3GP3m1>

Thu Feb 2 18:11:15 PST 2017

**themattschwartz**

@echoechoR I thought I saw it being asked...or at least other folks answering...so I jumped on board/maybe jumped the gun? #macrosw

Thu Feb 2 18:11:16 PST 2017

**karengoda** Our guest expert is Justin Vest (@Justin\_Vest) lead organizer for Montgomery County at @Progressive\_MD #MacroSW  
Thu Feb 2 18:11:25 PST 2017

**nicoleclarklmsw** RT @karengoda: We've been planning this organizing chat series for months - we lucked out with it being so timely! #MacroSW <https://t.co/H...>  
Thu Feb 2 18:11:33 PST 2017

**vilissathompson** RT @karengoda: Our #MacroSW chat partners are @VilissaThompson @UBSSW @acosaorg @SunyaFolayan @poliSW @laurelhitchcock @porndaughter  
Thu Feb 2 18:11:48 PST 2017

**spcummings** RT @karengoda: Tonight's topic is Fighting an Anti-Social Work Agenda: Understanding Power: <https://t.co/qr3hghU8Af> #MacroSW  
Thu Feb 2 18:11:50 PST 2017

**shalisa\_renee** RT @OfficialMacroSW: Tonights chat topic #MacroSW #Advocacy <https://t.co/rhXdgv3J82>  
Thu Feb 2 18:11:52 PST 2017

**shannaksett** @profetmitchell Thanks! Looking forward to it. #MacroSW  
Thu Feb 2 18:11:54 PST 2017

**echoechor** sounds neat, i just subscribed! #macrosw @newsocialworker  
Thu Feb 2 18:12:01 PST 2017

**brendan\_beal** I'm with you Echo! <https://t.co/gkp1sh9c7H>  
Thu Feb 2 18:12:05 PST 2017

**karengoda** Q1: How do you define power and how do you know it when you see it? #MacroSW  
Thu Feb 2 18:12:05 PST 2017

**justin\_vest** RT @karengoda: Our guest expert is Justin Vest (@Justin\_Vest) lead organizer for Montgomery County at @Progressive\_MD #MacroSW  
Thu Feb 2 18:12:08 PST 2017

**champlainsw** so glad to be in the company of others invested in social justice chat tonight. Tarn here she/her pronouns #MacroSW  
Thu Feb 2 18:12:12 PST 2017

**stuckonsw** What she said, although I may need to duck out early.... social work blogger checking into #macrosw ... <https://t.co/WiJdQEK0T3>  
Thu Feb 2 18:12:14 PST 2017

**polisw** RT @karengoda: Our first question will be in about 1 minute. #MacroSW  
Thu Feb 2 18:12:16 PST 2017

**shrrywins** @SJGamer Agree, I didn't mention influence with the exception of fear which of course is not positive. #macrosw

Thu Feb 2 18:12:23 PST 2017

**vilissathompson**

RT @OfficialMacroSW: Tonights chat topic #MacroSW #Advocacy <https://t.co/rhXdgv3J82>

Thu Feb 2 18:12:27 PST 2017

**polisw**

RT @karengoda: Our guest expert is Justin Vest (@Justin\_Vest) lead organizer for Montgomery County at @Progressive\_MD #MacroSW

Thu Feb 2 18:12:28 PST 2017

**justin\_vest**

@karengoda @Progressive\_MD Excited to be here tonight! #MacroSW

Thu Feb 2 18:12:30 PST 2017

**karengoda**

Jump right back, Q1 just went out! #MacroSW <https://t.co/xpWpm4IzR7>

Thu Feb 2 18:12:33 PST 2017

**effbee\_mcan**

@millersvilleu got a shoutout tonight! 🙌 #macrofrank @kristys\_way @Gameodactyl @Anjuli\_xoXi <https://t.co/1jOAJLayvz>

Thu Feb 2 18:12:33 PST 2017

**echoechor**

yeah I've seen answers which made me confused #macrosw @TheMattSchwartz

Thu Feb 2 18:12:33 PST 2017

**sjgamer\_**

@echoechoR People started answering, but I am actually not sure. The q's are listed on a link they posted from the site though. #macrosw

Thu Feb 2 18:12:44 PST 2017

**lindzsunshine07**

@karengoda power is limitless and can be used for good or evil. Positive change is when someone allows others to shine #macrosw

Thu Feb 2 18:12:54 PST 2017

**justin\_vest**

RT @karengoda: Q1: How do you define power and how do you know it when you see it? #MacroSW

Thu Feb 2 18:12:55 PST 2017

**carmour22**

#MacroSW Q1 Power = ability to do something, turn energy into something positive, knowledge

Thu Feb 2 18:12:57 PST 2017

**echoechor**

all y'all answering Q1 early... pfft. this is why i belong in the back row #macrosw :P

Thu Feb 2 18:13:04 PST 2017

**mdrswrj**

Not sure 'luck' is the right word ... #macrosw <https://t.co/tVqrOdSW6W>

Thu Feb 2 18:13:09 PST 2017

**themattschwartz**

@karengoda <https://t.co/VVNCuY1K4i> #macrosw

Thu Feb 2 18:13:13 PST 2017

**karengoda**

@newsocialworker HI Linda, hope you are doing well! #MacroSW

Thu Feb 2 18:13:16 PST 2017

**effbee\_mcan**

#macrofrank @millersvilleu #MacroSW <https://t.co/ZX3rFX63nX>

Thu Feb 2 18:13:18 PST 2017

**rdaczka**

Power is defined by confidence, presence, and knowledge! #Macrosw  
<https://t.co/zvZn6zCWRV>

Thu Feb 2 18:13:26 PST 2017

**shannaksett**

RT @karengoda: Tonight's topic is Fighting an Anti-Social Work Agenda: Understanding Power: <https://t.co/qr3hghU8Af> #MacroSW

Thu Feb 2 18:13:28 PST 2017

**cassandramroth**

Power can be either a positive or negative way to gain or maintain control #macrosw  
<https://t.co/EPshLIFgly>

Thu Feb 2 18:13:30 PST 2017

**newsocialworker**

I'm in PA, but I'm a southerner, too! <https://t.co/sBEL6tn7e1>

Thu Feb 2 18:13:30 PST 2017

**amandamichelle**

oh, y'all startin' with the big guns #ontonight, eh? #MacroSW <https://t.co/63UASvG3zp>

Thu Feb 2 18:13:30 PST 2017

**cassiewrightmsw**

A1: The ability to change someone's behavior or influence them! #macrosw

Thu Feb 2 18:13:47 PST 2017

**thenewsue2**

Power: ability to do something or act in a particular way. Social work empowerment!  
#macrosw

Thu Feb 2 18:13:48 PST 2017

**niaramorrow**

A1: I define power as the ability to influence change in our society, good or bad. #MacroSW

Thu Feb 2 18:13:58 PST 2017

**amarielive**

Power demands attention, you know it by how/if people respond. Even negative responses give more power than none. #MacroSW

Thu Feb 2 18:14:03 PST 2017

**karengoda**

We hope so too, we need it. #MacroSW <https://t.co/k40YST2i5D>

Thu Feb 2 18:14:04 PST 2017

**sjgamer\_**

@karengoda can I call stacking q's? #researchmethods Haha. #macrosw

Thu Feb 2 18:14:07 PST 2017

**amandamichelle**

RT @MDRSWRJ: Not sure 'luck' is the right word ... #macrosw <https://t.co/tVqrOdSW6W>

Thu Feb 2 18:14:07 PST 2017

**steviej717**

@karengoda Q1: Power is when an entity has the ability to influence or control others behavior or events. That's how I see power #MacroSW

Thu Feb 2 18:14:09 PST 2017

**karengoda**

RT @Justin\_Vest: @karengoda @Progressive\_MD Excited to be here tonight! #MacroSW

Thu Feb 2 18:14:11 PST 2017

**whatthetweet125**

@OfficialMacroSW #macroSW A2: Who has power? Those with money, the right connections, and usually...male and white (with some exceptions)

Thu Feb 2 18:14:13 PST 2017

**muskw17**

Power can be influence seen by effective change #MacroSW

Thu Feb 2 18:14:13 PST 2017

**carmour22**

@lindzsunshine07 @karengoda Good point about how power can be used for good and evil #MacroSW

Thu Feb 2 18:14:14 PST 2017

**stuckonsw**

RT @MDRSWRJ: Not sure 'luck' is the right word ... #macrosw <https://t.co/tVqrOdSW6W>

Thu Feb 2 18:14:18 PST 2017

**nicoleclarklmsw**

LOL #macrosw <https://t.co/qguLBduSwp>

Thu Feb 2 18:14:18 PST 2017

**karengoda**

RT @effbee\_mcan: @millersvilleu got a shoutout tonight! 🙌 #macrofrank @kristys\_way @Gameodactyl @Anjuli\_xoXi <https://t.co/1jOAJLayvz>

Thu Feb 2 18:14:19 PST 2017

**karengoda**

RT @lindzsunshine07: @karengoda power is limitless and can be used for good or evil. Positive change is when someone allows others to shin...

Thu Feb 2 18:14:27 PST 2017

**themattschwartz**

@karengoda thanks for your patience! #MacroSW #Newbie

Thu Feb 2 18:14:31 PST 2017

**giveawaycayax**

Power demands attention, you know it by how/if people respond. Even negative responses give more power than none. #MacroSW

Thu Feb 2 18:14:33 PST 2017

**spcummings**

@karengoda A1: Where members of the media are swarming, that's one possible tip-off #macrosw

Thu Feb 2 18:14:38 PST 2017

**glcefd**

power is having a voice that resonates with others #macrosw

Thu Feb 2 18:14:48 PST 2017

**karengoda**

RT @RDaczka: Power is defined by confidence, presence, and knowledge! #Macrosw <https://t.co/zvZn6zCWRV>

Thu Feb 2 18:14:51 PST 2017

A1. power happens on internal, interpersonal, and institutional levels. and ... omg i can't fit

**echoechor**

this in a tweet! [#macrosw](#) \*panic\* <https://t.co/agFHSHMkK2>

Thu Feb 2 18:14:52 PST 2017

**a2recdirect**

A1 Power = influence, ability to get things done via other people's actions...can be positive or negative or in between [#MacroSW](#)

Thu Feb 2 18:14:54 PST 2017

**karengoda**

RT [@cassandramroth](#): Power can be either a positive or negative way to gain or maintain control [#macrosw](#) <https://t.co/EPshLtFgly>

Thu Feb 2 18:14:57 PST 2017

**officialmacrosw**

[@whatthetweet125](#) [@macrosw](#) You need to enter [#MacroSW](#) in the search box. Then click "Latest"

Thu Feb 2 18:15:03 PST 2017

**kristys\_way**

As stated by Jimi Hendrix, "when the power of love overcomes the love of power, the world will know peace" [#MacroSW](#)

Thu Feb 2 18:15:09 PST 2017

**sjgamer\_**

[@glcefd](#) Or at least a voice that is heard. [#macrosw](#)

Thu Feb 2 18:15:10 PST 2017

**cassiewrightmsw**

A1: You know it's power when many people respond by behaviors and actions [#macrosw](#)

Thu Feb 2 18:15:16 PST 2017

**karengoda**

Damn straight, sorely needed. [#MacroSW](#) <https://t.co/qjGQlt7no3>

Thu Feb 2 18:15:19 PST 2017

**\_ashblanchard**

RT [@amarielive](#): Power demands attention, you know it by how/if people respond. Even negative responses give more power than none. [#MacroSW](#)

Thu Feb 2 18:15:28 PST 2017

**porndaughter**

A1: power is taking action even when you feel powerless. I think people don't realize their potential impact. [#macrosw](#)

Thu Feb 2 18:15:30 PST 2017

**taylorlpalmer1**

A1 Power is when you have a voice that is heard. This can be seen when others are listening [#MacroSW](#)

Thu Feb 2 18:15:32 PST 2017

**stuckonsw**

A1: seeing "influence" being mentioned a lot... yeah that [#MacroSW](#)

Thu Feb 2 18:15:34 PST 2017

**justin\_vest**

This is one of the most common definitions I see. [#MacroSW](#) <https://t.co/MYrsRVbr3v>

Thu Feb 2 18:15:37 PST 2017

**nicoleclarklmsw**

A1: Using various forms of influence to move towards a particular outcome. Power can be used for good, or it can be used for bad [#macrosw](#) <https://t.co/pW3fGxvHMh>

Thu Feb 2 18:15:40 PST 2017

**carmour22**

@cassiewrightmsw Can be used micro and macro, good point #MacroSW

Thu Feb 2 18:15:41 PST 2017

**echoechor**

RT @A2RecDirect: A1 Power = influence, ability to get things done via other people's actions...can be positive or negative or in between #M...

Thu Feb 2 18:15:49 PST 2017

**stuckonsw**

RT @NiaraMorrow: A1: I define power as the ability to influence change in our society, good or bad. #MacroSW

Thu Feb 2 18:15:55 PST 2017

**spcumings**

RT @A2RecDirect: A1 Power = influence, ability to get things done via other people's actions...can be positive or negative or in between #M...

Thu Feb 2 18:15:56 PST 2017

**effbee\_mcan**

Don't forgot our class has the hashtag #macrofrank !!! #macrosw

Thu Feb 2 18:15:59 PST 2017

**spcumings**

RT @echoechoR: A1. power happens on internal, interpersonal, and institutional levels. and ... omg i can't fit this in a tweet!...

Thu Feb 2 18:16:01 PST 2017

**jenneffa1**

We have to acknowledge that much of the backlash and corruption in power is due to the threat to white privilege. #EqualityforAll , #MacroSW

Thu Feb 2 18:16:01 PST 2017

**cmcollins291**

A1. Power is the ability to make change (positive or negative) and have influence on others #macrosw

Thu Feb 2 18:16:03 PST 2017

**cassandramroth**

@lindzsunshine07 @karenzgoda can be used for good or evil! Totally agree! Power can bring out the worst or best in us! #macrosw

Thu Feb 2 18:16:04 PST 2017

**karenzgoda**

RT @Justin\_Vest: This is one of the most common definitions I see. #MacroSW <https://t.co/MYrsRVbr3v>

Thu Feb 2 18:16:10 PST 2017

**taylorlpalmer1**

Yes, positive and negative behaviors and actions! <https://t.co/h56CqfqcUp>

Thu Feb 2 18:16:11 PST 2017

**socialworkersrj**

RT @NicoleClarkLMSW: A1: Using various forms of influence to move towards a particular outcome. Power can be used for good, or it can be...

Thu Feb 2 18:16:11 PST 2017

**muskw17**

@NiaraMorrow do you think people use their power in different ways to influence when it is for bad/evil vs for good? #macrosw

Thu Feb 2 18:16:22 PST 2017

@glcefd Love this, so true! #MacroSW

**carmour22**

Thu Feb 2 18:16:23 PST 2017

**thenewsue2**

@Justin\_Vest @OfficialMacroSW Welcome! Is the chat happening? Or am I have technical difficulties? #Macrosw

Thu Feb 2 18:16:27 PST 2017

**echoechor**

agree <https://t.co/2eCh4lqB2r>

Thu Feb 2 18:16:38 PST 2017

**socialchange91**

Power is the ability to make things happen and controls systems . I know it when it benefits certain groups #MacroSW <https://t.co/v7WvshFh8m>

Thu Feb 2 18:16:43 PST 2017

**nicoleclarklmsw**

RT @newsocialworker: I'm in PA, but I'm a southerner, too! <https://t.co/sBEL6tn7e1>

Thu Feb 2 18:16:45 PST 2017

**officialmacrosw**

RT @karengoda: Q1: How do you define power and how do you know it when you see it? #MacroSW

Thu Feb 2 18:16:50 PST 2017

**niaramorrow**

A1: It can also be the ability to know how to influence others by playing off of popular opinion #MacroSW

Thu Feb 2 18:16:54 PST 2017

**karengoda**

@echoechoR type longer text in a note, take pic, then post pic! #MAcroSW #tips

Thu Feb 2 18:16:54 PST 2017

**cassiewrightmsw**

Maybe Ogongi's class should start a hashtag too?! Lol #MacroOgongi #MacroSw

Thu Feb 2 18:16:55 PST 2017

**sujymmy**

A1: Power is realizing your privileges and either using them for the good or abusing them for the bad. #macrosw

Thu Feb 2 18:16:56 PST 2017

**phsweetlove**

RT @jenneff1: We have to acknowledge that much of the backlash and corruption in power is due to the threat to white privilege. #Equalityf...

Thu Feb 2 18:17:08 PST 2017

**lauragolomb**

A1: when you are able to captivate and influence a group with your beliefs, and using your position to gain control #macrosw

Thu Feb 2 18:17:09 PST 2017

**porndaughter**

@whatthetweet125 @OfficialMacroSW Yes those people have power but sometimes when I write an article I feel like I have power. #MacroSw

Thu Feb 2 18:17:14 PST 2017

**kay\_social\_work**

I agree, we all have power to some degree, just need to determine our strengths. <https://t.co/EDJkfeXGB3>

Thu Feb 2 18:17:14 PST 2017



**lindzsunshine07**

@SUJymmy i agree, power can be used in different forms #macrosw  
Thu Feb 2 18:17:21 PST 2017

**thenewsue2**

@RDaczka @macrosw Yes! Empowerment to our clients but we need to be empowered as social workers. Be confident in the change! #macrosw  
Thu Feb 2 18:17:24 PST 2017

**steviej717**

@lindzsunshine07 @karengoda I think whatever its used for it depends on ur reference point. Although consensus can be powerful 2. #MacroSW  
Thu Feb 2 18:17:26 PST 2017

**alliehotsauce**

Power is intrinsically tied to control. Easiest way to spot power is privilege (i.e. Gender, race, socioeconomic, ability, etc) #macrosw <https://t.co/5VsgHwrQas>  
Thu Feb 2 18:17:31 PST 2017

**stuckonsw**

a1: Love the inclusion of internal and interpersonal here ... how about "self efficacy" at all levels?? #macrosw <https://t.co/UQOCY3BCYX>  
Thu Feb 2 18:17:34 PST 2017

**mdrswrj**

RT @NicoleClarkLMSW: A1: Using various forms of influence to move towards a particular outcome. Power can be used for good, or it can be...  
Thu Feb 2 18:17:44 PST 2017

**deb\_fiske**

@karengoda Can be defined as control. Can be seen through change. #MacroSW  
Thu Feb 2 18:17:46 PST 2017

**reninawrites**

Real question. @wocatwork <https://t.co/botdY6mVLw>  
Thu Feb 2 18:17:49 PST 2017

**echoechor**

I like this, I agree >> #macrosw <https://t.co/jLO9r2zbPH>  
Thu Feb 2 18:17:52 PST 2017

**niaramorrow**

RT @lauragolomb: A1: when you are able to captivate and influence a group with your beliefs, and using your position to gain control #macro...  
Thu Feb 2 18:17:53 PST 2017

**profetmitchell**

A1: power=influence. Ability to act or cause others to. Some people have power but don't realize it. Others only think they have it #MacroSW  
Thu Feb 2 18:17:53 PST 2017

**kay\_social\_work**

I agree, we all have power to some degree, we just need to recognize our strengths #macrosw <https://t.co/EDJkfeXGB3>  
Thu Feb 2 18:17:58 PST 2017

**karengoda**

RT @socialchange91: Power is the ability to make things happen and controls systems . I know it when it benefits certain groups #MacroSW ht...  
Thu Feb 2 18:18:00 PST 2017

This is what I was going to say. A1 #macrosw <https://t.co/9gGjE8Hgdq>

**newsocialworker**

Thu Feb 2 18:18:00 PST 2017

**officialmacrosw**

@TheNewSue2 The chat is happening. You need to enter [#MacroSW](#) into the search box and then click "latest" to see the stream.

Thu Feb 2 18:18:07 PST 2017

**sakinna\_601**

[#MacroSW](#) Joining the group from Millersville university! [#macrofrank](#)

Thu Feb 2 18:18:08 PST 2017

**melindahohman**

RT @Justin\_Vest: Hi all, I'm Justin. I'm an MSW & community organizer. Joining in as a co-host tonight. [#MacroSW](#)

Thu Feb 2 18:18:09 PST 2017

**gameodactyl**

A1: In the realm of all things human, "power" is about authority and/or influence to that authority. Those positioned to act, will [#macrosw](#)

Thu Feb 2 18:18:12 PST 2017

**karenzgod**

Q2 coming up in 1 minute. [#MacroSW](#)

Thu Feb 2 18:18:17 PST 2017

**fargocat**

Q1: power is the ability to create change negative or positive [#macrosw](#)

Thu Feb 2 18:18:18 PST 2017

**sgolden481**

@OfficialMacroSW Power is defined in how you advocate for your beliefs and beliefs of others [#MacroSW](#)

Thu Feb 2 18:18:19 PST 2017

**niaramorrow**

Yes! <https://t.co/8vdrdyaS4J>

Thu Feb 2 18:18:20 PST 2017

**karenzgod**

RT @jenneffa1: We have to acknowledge that much of the backlash and corruption in power is due to the threat to white privilege. [#Equalityf...](#)

Thu Feb 2 18:18:25 PST 2017

**cassandramroth**

@cassiewrightmsw great point, power often causes a response from others and sometimes strong feelings [#macrosw](#)

Thu Feb 2 18:18:27 PST 2017

**amandamichelle**

i tend to think depends on who's doing the defining (and usually also the wielding) but also cultural 'agreements'. looks diff't + [#MacroSW](#) <https://t.co/63UASvG3zp>

Thu Feb 2 18:18:27 PST 2017

**karenzgod**

RT @NicoleClarkLMSW: A1: Using various forms of influence to move towards a particular outcome. Power can be used for good, or it can be...

Thu Feb 2 18:18:32 PST 2017

**officialmacrosw**

RT @Justin\_Vest: This is one of the most common definitions I see. [#MacroSW](#) <https://t.co/MYrsRVbr3v>

Thu Feb 2 18:18:38 PST 2017

**fargocat**

RT @Gameodactyl: A1: In the realm of all things human, "power" is about authority and/or influence to that authority. Those positioned to a...

Thu Feb 2 18:18:39 PST 2017

**vilissathompson**

A1: Power is when someone is advantaged over another. They use that power to oppress, belittle, or disregard those that are less. #MacroSW <https://t.co/7OCDv3NARA>

Thu Feb 2 18:18:43 PST 2017

**taylorlpalmer1**

@lauragolomb I agree, this can be scary if the power is in the wrong hands #macrosw

Thu Feb 2 18:18:49 PST 2017

**justin\_vest**

@porndaughter @whatthetweet125 @OfficialMacroSW Yes, we all the capacity for power. We have to figure out how to harness it. #MacroSW

Thu Feb 2 18:18:51 PST 2017

**karengoda**

#WomensMarch was such a great example of worldwide impact! #MacroSW <https://t.co/jx4Ri5YH2O>

Thu Feb 2 18:18:54 PST 2017

**melindahohman**

RT @karengoda: Q1: How do you define power and how do you know it when you see it? #MacroSW

Thu Feb 2 18:19:01 PST 2017

**cassiewrightmsw**

@cassandramroth exactly! it's cool to see another cassie too haha :) #macrosw

Thu Feb 2 18:19:01 PST 2017

**echoechor**

self-efficacy definitely fits, as does empowerment. agree important at all levels, but only part of the story #macrosw @StuckonSW

Thu Feb 2 18:19:02 PST 2017

**kal\_ott**

@karengoda @OfficialMacroSW Q1: Ability to create change & follow through with actions #MacroSW

Thu Feb 2 18:19:13 PST 2017

**karengoda**

RT @A2RecDirect: A1 Power = influence, ability to get things done via other people's actions...can be positive or negative or in between #M...

Thu Feb 2 18:19:14 PST 2017

**amandamichelle**

a1 (cont'd) depending on your positioning (which is also a result of power dynamics, so i feel like i'm being tautological here) #MacroSW

Thu Feb 2 18:19:21 PST 2017

**lindzsunshine07**

@Gameodactyl good point but who defines those in positions to act? #macrosw

Thu Feb 2 18:19:28 PST 2017

**whatthetweet125**

@TheNewSue2 @RDaczka @macrosw we need to practice what we preach. Easy said, not as easily done. #macrosw

Thu Feb 2 18:19:28 PST 2017

- karengoda** RT @lauragolomb: A1: when you are able to captivate and influence a group with your beliefs, and using your position to gain control #macro...  
Thu Feb 2 18:19:31 PST 2017
- socialworkersrj** RT @VilissaThompson: A1: Power is when someone is advantaged over another. They use that power to oppress, belittle, or disregard those...  
Thu Feb 2 18:19:33 PST 2017
- justin\_vest** We have a lot of reactions to power, but power is simply defined as the ability to act. #MacroSW  
Thu Feb 2 18:19:33 PST 2017
- deb\_fiske** @lindzsunshine07 @karengoda True! Power in the right hands can bring many opportunities for vision and growth #MacroSW  
Thu Feb 2 18:19:37 PST 2017
- karengoda** RT @Justin\_Vest: We have a lot of reactions to power, but power is simply defined as the ability to act. #MacroSW  
Thu Feb 2 18:19:51 PST 2017
- nicoleclarklmsw** RT @karengoda: #WomensMarch was such a great example of worldwide impact! #MacroSW <https://t.co/jx4Ri5YH2O>  
Thu Feb 2 18:19:53 PST 2017
- cassiewrightmsw** @karengoda Great example! So wish I would've been able to participate in the Women's March! #macrosw  
Thu Feb 2 18:19:53 PST 2017
- jminiscalco332** @karengoda power can defined as someone or something that has complete control over a situation. #macroSW  
Thu Feb 2 18:19:59 PST 2017
- jenniferklahold** #macrosw @glcefd good statement  
Thu Feb 2 18:20:02 PST 2017
- swcareer** Please excuse extra tweets; popping in on #MacroSW chat! <https://t.co/S4X4C7BH7c>  
Thu Feb 2 18:20:08 PST 2017
- justin\_vest** Power is neutral. It's a tool that can be used for either good or bad. #MacroSW  
Thu Feb 2 18:20:15 PST 2017
- officialmacrosw** RT @VilissaThompson: A1: Power is when someone is advantaged over another. They use that power to oppress, belittle, or disregard those...  
Thu Feb 2 18:20:15 PST 2017
- karengoda** RT @alliehotsauce: Power is intrinsically tied to control. Easiest way to spot power is privilege (i.e. Gender, race, socioeconomic, a...  
Thu Feb 2 18:20:17 PST 2017
- alexislarvick** @whatthetweet125 @OfficialMacroSW You are correct when you bring in race and gender,

however I don't think money always has a role. #MacroSW

Thu Feb 2 18:20:20 PST 2017

**karengoda**

RT @AmandaMichelle: i tend to think depends on who's doing the defining (and usually also the wielding) but also cultural 'agreements'....

Thu Feb 2 18:20:38 PST 2017

**thenewsue2**

@karengoda @OfficialMacroSW Power in ability to change by many or just one, sometimes one is enough. Advocacy counts. #macrosw

Thu Feb 2 18:20:40 PST 2017

**alliehotsauce**

RT @Justin\_Vest: @porndaughter @whatthetweet125 @OfficialMacroSW Yes, we all the capacity for power. We have to figure out how to harness i...

Thu Feb 2 18:20:40 PST 2017

**fargocat**

@pmwrigh1 @cmcollins291 agreed power is ability and though difficult can transcend money race social status #macrosw

Thu Feb 2 18:20:44 PST 2017

**karengoda**

RT @VilissaThompson: A1: Power is when someone is advantaged over another. They use that power to oppress, belittle, or disregard those...

Thu Feb 2 18:20:45 PST 2017

**shrrywins**

@Justin\_Vest Ability to act, did not know that. Hmm #macrosw

Thu Feb 2 18:20:52 PST 2017

**porndaughter**

@Justin\_Vest @whatthetweet125 @OfficialMacroSW So true #MacroSW

Thu Feb 2 18:20:54 PST 2017

**sgolden481**

@VilissaThompson couldn't agree more, advantage over others that are vulnerable is the power we are seeing today. #macrosw

Thu Feb 2 18:21:01 PST 2017

**justin\_vest**

RT @deb\_fiske: @lindzsunshine07 @karengoda True! Power in the right hands can bring many opportunities for vision and growth #MacroSW

Thu Feb 2 18:21:02 PST 2017

**amandamichelle**

pero like, i also don't think power = negative. just that ppl who have historically had power are dicks #MacroSW <https://t.co/tWbOsv3Tlo>

Thu Feb 2 18:21:07 PST 2017

**echoechor**

A1 institutional power is when most of the influencers look like you, share background and work in your best interest #macrosw

Thu Feb 2 18:21:08 PST 2017

**lauragolomb**

@Justin\_Vest you're right, power starts with action! #macrosw

Thu Feb 2 18:21:09 PST 2017

**nicoleclarklmsw**

RT @deb\_fiske: @lindzsunshine07 @karengoda True! Power in the right hands can bring many opportunities for vision and growth #MacroSW

Thu Feb 2 18:21:14 PST 2017

**nicoleclarklmsw**

RT @Justin\_Vest: We have a lot of reactions to power, but power is simply defined as the ability to act. #MacroSW

Thu Feb 2 18:21:19 PST 2017

**kristianderson6**

@VilissaThompson The most common type of power we see is used to belittle but there is also power that works for good #macroSW

Thu Feb 2 18:21:24 PST 2017

**carmour22**

@Justin\_Vest Yes, it is our ability to do something, take energy and make something positive out of it #MacroSW

Thu Feb 2 18:21:26 PST 2017

**haley0913**

Honestly I think power is what the holder makes of it. To hold power is to be resourceful, strong, and humble #MacroSW

Thu Feb 2 18:21:26 PST 2017

**swcareer**

RT @A2RecDirect: A1 Power = influence, ability to get things done via other people's actions...can be positive or negative or in between #M...

Thu Feb 2 18:21:29 PST 2017

**dirtymusser**

A1: I see postings about money and authority, but I think groups of large people who care have power! #womansmarch #MacroSW

Thu Feb 2 18:21:29 PST 2017

**muskw17**

@AlexisLarvick @whatthetweet125 @OfficialMacroSW money is just a power tool now a days that can be manipulated and used for evil #macrosw

Thu Feb 2 18:21:34 PST 2017

**echoechor**

ya pretty much >> #macrosw <https://t.co/pof78tw0UP>

Thu Feb 2 18:21:42 PST 2017

**thenewsue2**

@Justin\_Vest @OfficialMacroSW How can we reframe power? What is strength-based power? #Macrosw

Thu Feb 2 18:21:45 PST 2017

**steviej717**

@Justin\_Vest these are def factors of people currently in power w/ some exceptions lol some of which are inherent to everyone smh #MacroSW

Thu Feb 2 18:21:59 PST 2017

**samantha\_mu17**

A1: Power is when someone has full control over something or someone #macrosw

Thu Feb 2 18:22:00 PST 2017

**nicoleclarklmsw**

RT @AmandaMichelle: pero like, i also don't think power = negative. just that ppl who have historically had power are dicks #MacroSW <https://t.co/...>

Thu Feb 2 18:22:01 PST 2017

**whatthetweet125**

@RDaczka @porndaughter @macrosw great way to look at it. #macrosw

Thu Feb 2 18:22:06 PST 2017

- amarielive** RT @AmandaMichelle: pero like, i also don't think power = negative. just that ppl who have historically had power are dicks #MacroSW <https://t.co/...>  
Thu Feb 2 18:22:11 PST 2017
- lindzsunshine07** "can you remember who you were before the world told you who you should be" being AWARE of the powerful influences #macrosw  
Thu Feb 2 18:22:17 PST 2017
- kal\_ott** @OfficialMacroSW Ability to create change & follow through with actions. #MacroSW  
Thu Feb 2 18:22:19 PST 2017
- karengoda** The room is BUSY tonight! Tweeting as fast as possible. #MacroSW  
<https://t.co/CfZzQQEtd>  
Thu Feb 2 18:22:21 PST 2017
- officialmacrosw** RT @TheNewSue2: @Justin\_Vest @OfficialMacroSW How can we reframe power? What is strength-based power? #Macrosw  
Thu Feb 2 18:22:27 PST 2017
- fargocat** @dirtyusser you don't need money to have power though it may make it more accessible #macrosw  
Thu Feb 2 18:22:27 PST 2017
- justin\_vest** RT @AmandaMichelle: pero like, i also don't think power = negative. just that ppl who have historically had power are dicks #MacroSW <https://t.co/...>  
Thu Feb 2 18:22:34 PST 2017
- karengoda** RT @Justin\_Vest: Power is neutral. It's a tool that can be used for either good or bad. #MacroSW  
Thu Feb 2 18:22:48 PST 2017
- echoechor** A1 our own internal power is tied with hope, self-efficacy, empowerment, resources, support, access, energy... #macrosw  
Thu Feb 2 18:22:50 PST 2017
- karengoda** RT @deb\_fiske: @lindzsunshine07 @karengoda True! Power in the right hands can bring many opportunities for vision and growth #MacroSW  
Thu Feb 2 18:22:54 PST 2017
- karengoda** RT @AmandaMichelle: pero like, i also don't think power = negative. just that ppl who have historically had power are dicks #MacroSW <https://t.co/...>  
Thu Feb 2 18:23:01 PST 2017
- shunae23** RT @Justin\_Vest: We have a lot of reactions to power, but power is simply defined as the ability to act. #MacroSW  
Thu Feb 2 18:23:03 PST 2017
- spcumings** @karengoda Good thing I started using Hootsuite tonight #macrosw  
Thu Feb 2 18:23:07 PST 2017

**cassandramroth**

@KristiAnderson6 @VilissaThompson like many celebrities advocating for fair treatment across the board #macrosw

Thu Feb 2 18:23:07 PST 2017

**cassiewrightmsw**

A1: Power can be seen in numbers too! Such as protests and vigils! #macrosw

Thu Feb 2 18:23:11 PST 2017

**karengoda**

@AmandaMichelle @Justin\_Vest HAAAAHA SO TRUE #MacroSW

Thu Feb 2 18:23:12 PST 2017

**officialmacrosw**

#MacroSW <https://t.co/GS8muaBc8m>

Thu Feb 2 18:23:19 PST 2017

**kristianderson6**

@TheNewSue2 @karengoda @OfficialMacroSW Yes I totally agree! The ability to affect just one is a great accomplishment! #macroSW

Thu Feb 2 18:23:20 PST 2017

**akiss110316**

@OfficialMacroSW Power is defined by the dominant paradigm. Commonly seen through white privilege or who can generate a following #MacroSW

Thu Feb 2 18:23:22 PST 2017

**justin\_vest**

@KristiAnderson6 @VilissaThompson Yes, part of what we'll talk about tonight is how to build power for good. #MacroSW

Thu Feb 2 18:23:26 PST 2017

**effbee\_mcan**

Over 2,000 people gathered at #PennSquare in @LancasterPAcom to oppose Trump's travel ban. Talk about POWERFUL! #macrosw #MacroFrank <https://t.co/RVnsGPjJ8T>

Thu Feb 2 18:23:27 PST 2017

**officialmacrosw**

RT @Justin\_Vest: We have a lot of reactions to power, but power is simply defined as the ability to act. #MacroSW

Thu Feb 2 18:23:32 PST 2017

**karengoda**

RT @echoechoR: self-efficacy definitely fits, as does empowerment. agree important at all levels, but only part of the story #macrosw @Stuc...

Thu Feb 2 18:23:33 PST 2017

**amandamichelle**

b/c power can (and should) boost people out of terrible situations. emPOWERment = beneficial! #MacroSW <https://t.co/KWelhSPj9G>

Thu Feb 2 18:23:38 PST 2017

**sgolden481**

@OfficialMacroSW people who have power today are those with money, wealth and connections. #macrosw

Thu Feb 2 18:23:45 PST 2017

**officialmacrosw**

RT @Justin\_Vest: Power is neutral. It's a tool that can be used for either good or bad. #MacroSW

Thu Feb 2 18:23:47 PST 2017

**fargocat**

@TheNewSue2 @Justin\_Vest @OfficialMacroSW I understand strength-based power as



identifying strengths collectively #macrosw

Thu Feb 2 18:23:50 PST 2017

**whatthetweet125**

@AlexisLarvick @OfficialMacroSW #macrosw In the world of politics, I feel money has too much power, hence why I mention it.

Thu Feb 2 18:23:53 PST 2017

**justin\_vest**

Absolutely! #MacroSW <https://t.co/tm4p0pSbRu>

Thu Feb 2 18:24:00 PST 2017

**vilissathompson**

I agree. Power can be positive, but it's typically used as negative. Those dicks with power heavily influence how we view it. #MacroSW <https://t.co/w2VvYy1MH4>

Thu Feb 2 18:24:01 PST 2017

**sunyafolayan**

A.1 Power is energy harnessed & the ability "to do" even it means doing nothing. #macrosw.

Thu Feb 2 18:24:04 PST 2017

**newsocialworker**

RT @karenzgoda: The room is BUSY tonight! Tweeting as fast as possible. #MacroSW <https://t.co/CfZzQQEtd>

Thu Feb 2 18:24:05 PST 2017

**socialworkersrj**

RT @OfficialMacroSW: #MacroSW <https://t.co/GS8muaBc8m>

Thu Feb 2 18:24:07 PST 2017

**lindzsunshine07**

@AmandaMichelle YES! what a great play on words, emPOWERment, love #macrosw

Thu Feb 2 18:24:13 PST 2017

**stuckonsw**

.@echoechoR reminds me of the SW value.. "Everyone is capable of change". always thought of this on the micro level but applies to #Macrosw

Thu Feb 2 18:24:15 PST 2017

**cassandramroth**

@haley0913 wish that we're always the case 😞 #macrosw

Thu Feb 2 18:24:17 PST 2017

**cmcollins291**

RT @cassiewrightmsw: A1: Power can be seen in numbers too! Such as protests and vigils! #macrosw

Thu Feb 2 18:24:19 PST 2017

**taylorlpalmer1**

@Justin\_Vest @KristiAnderson6 @VilissaThompson Yes! This is so important!! #macrosw

Thu Feb 2 18:24:20 PST 2017

**wrsimpson93**

@karenzgoda the ability to influence or control behaviors or actions. It can be seen through a change in the ways others think/act #MacroSW

Thu Feb 2 18:24:23 PST 2017

**thenewsue2**

@whatthetweet125 @RDaczka @macrosw What do we need to do different to show this? If we can't fight through the challenge who will? #macrosw

Thu Feb 2 18:24:30 PST 2017

- echoechor** Q2. Institutional power, you all know the ones. Cis, white, men, straight, abled, christian... who am i missing? [#macrosw](#)  
Thu Feb 2 18:24:33 PST 2017
- steviej717** [@karenzgoda](#) Q2: I think its a power struggle between the interests of the people of the US versus elites we have placed in power. [#MacroSW](#)  
Thu Feb 2 18:24:34 PST 2017
- lauragolomb** [@echoechoR](#) I like your thoughts on internal power. We all have it but it can be difficult to tap into [#macrosw](#)  
Thu Feb 2 18:24:36 PST 2017
- karenzgoda** The [#WomensMarch](#) after-party consisting of social action just as important!  
<https://t.co/wOaPrHygdh> [#MacroSW](#) <https://t.co/gVsrcHYQhp>  
Thu Feb 2 18:24:39 PST 2017
- nicoleclarklmsw** Power can be the presidency, or it can be the [#WomensMarch](#), [#BodegaStrike](#), or the people protesting the [#MuslimBand](#) at airports [#macrosw](#)  
Thu Feb 2 18:24:40 PST 2017
- swcareer** Example of abuse of power [#MacroSW](#) Power can be used to improve circumstances, redistribute resources more equitably <https://t.co/Tdwl1dDcqz>  
Thu Feb 2 18:24:44 PST 2017
- stuckonsw** RT [@AmandaMichelle](#): b/c power can (and should) boost people out of terrible situations. emPOWERment = beneficial! [#MacroSW](#) <https://t.co/KWe...>  
Thu Feb 2 18:24:46 PST 2017
- deb\_fiske** [@karenzgoda](#) Typically individuals with money and part of the political arena [#MacroSW](#)  
Thu Feb 2 18:24:50 PST 2017
- vilissathompson** True. Just wished we saw the good more than bad. [#MacroSW](#) <https://t.co/HSOBykPcma>  
Thu Feb 2 18:24:51 PST 2017
- karenzgoda** RT [@echoechoR](#): A1 institutional power is when most of the influencers look like you, share background and work in your best interest [#macr...](#)  
Thu Feb 2 18:24:51 PST 2017
- haley0913** Sometimes the word "power" is being used too much as being stronger, bigger, more authoritative; it becomes too close minded [#MacroSW](#)  
Thu Feb 2 18:24:56 PST 2017
- mdrswrj** RT [@AmandaMichelle](#): pero like, i also don't think power = negative. just that ppl who have historically had power are dicks [#MacroSW](#) <https://t.co/...>  
Thu Feb 2 18:24:57 PST 2017
- cassandramroth** [@haley0913](#) wish that were always the case 🙄 [#macrosw](#)  
Thu Feb 2 18:24:58 PST 2017
- amandamichelle** right. power is definitely about the ability to bring about changes [#MacroSW](#)

<https://t.co/DEbo5GSg1q>

Thu Feb 2 18:25:01 PST 2017

**karengoda**

RT @dirtyusser: A1: I see postings about money and authority, but I think groups of large people who care have power! #womansmarch #Macr...

Thu Feb 2 18:25:04 PST 2017

**vilissathompson**

RT @SWcareer: Example of abuse of power #MacroSW Power can be used to improve circumstances, redistribute resources more equitably <https://...>

Thu Feb 2 18:25:12 PST 2017

**justin\_vest**

RT @NicoleClarkLMSW: Power can be the presidency, or it can be the #WomensMarch, #BodegaStrike, or the people protesting the #MuslimBand at...

Thu Feb 2 18:25:13 PST 2017

**carmour22**

#MacroSW Q2 Each individual has power; it varies in how they use it and its efficiency/success

Thu Feb 2 18:25:13 PST 2017

**sgolden481**

@OfficialMacroSW Which is the scariest part of power, to be used or good or bad! #macrosw

Thu Feb 2 18:25:20 PST 2017

**amandamichelle**

not even a play. just a lil etymology. lite. #MacroSW <https://t.co/wtOtvz8wSg>

Thu Feb 2 18:25:24 PST 2017

**karengoda**

YES!!! #MacroSW <https://t.co/rzkY81wStk>

Thu Feb 2 18:25:25 PST 2017

**justin\_vest**

RT @lauragolomb: @echoechoR I like your thoughts on internal power. We all have it but it can be difficult to tap into #macrosw

Thu Feb 2 18:25:27 PST 2017

**niaramorrow**

A2: Honestly those with money and on top of a hierarchy #MacroSW

Thu Feb 2 18:25:27 PST 2017

**sunyafolayan**

RT @karengoda: The room is BUSY tonight! Tweeting as fast as possible. #MacroSW <https://t.co/CfZzQQEtd>

Thu Feb 2 18:25:28 PST 2017

**1saacparks**

RT @NicoleClarkLMSW: Power can be the presidency, or it can be the #WomensMarch, #BodegaStrike, or the people protesting the #MuslimBand at...

Thu Feb 2 18:25:32 PST 2017

**karengoda**

RT @NicoleClarkLMSW: Power can be the presidency, or it can be the #WomensMarch, #BodegaStrike, or the people protesting the #MuslimBand at...

Thu Feb 2 18:25:33 PST 2017

**sjgamer\_**

A2: Back to my first answer; people with money. Socioeconomic status seems like it is becoming the new caste system. #macrosw

Thu Feb 2 18:25:33 PST 2017

**gameodactyl**

@lindzsunshine07 I want song lyrics and poetry quotes for the rest of the night. If you do it, I'll do it too. #macrosw

Thu Feb 2 18:25:36 PST 2017

**echoechor**

A2. interpersonal power, in relationships this is complex. In straight couples, can be equal, but guys always have inst. power #macrosw

Thu Feb 2 18:25:41 PST 2017

**karengoda**

RT @wrsimpson93: @karengoda the ability to influence or control behaviors or actions. It can be seen through a change in the ways others t...

Thu Feb 2 18:25:41 PST 2017

**rdaczka**

Such a great way to show how people are gaining power and standing together to share their voice! @macrosw <https://t.co/GesMXby07C>

Thu Feb 2 18:25:48 PST 2017

**cassandramroth**

Today it seems that people with money and fame hold the power in our society #macrosw <https://t.co/ZPeS6hagkQ>

Thu Feb 2 18:25:54 PST 2017

**karengoda**

Please be sure to include #MacroSW and the Answer number (A2) in your tweets!

Thu Feb 2 18:26:04 PST 2017

**amandamichelle**

we have to take/make it. #MacroSW <https://t.co/TN21URdfJf>

Thu Feb 2 18:26:12 PST 2017

**justin\_vest**

RT @karengoda: YES!!! #MacroSW <https://t.co/rzkY81wStk>

Thu Feb 2 18:26:21 PST 2017

**steviej717**

@karengoda this has occurred due to shifting power (thru money, influence, and corruption) away from people. #MacroSW

Thu Feb 2 18:26:21 PST 2017

**echoechor**

A2. My work is mostly with intimate partner violence. in that case, the abuser is the one with the interpersonal power #macrosw

Thu Feb 2 18:26:22 PST 2017

**lindzsunshine07**

@Gameodactyl #macrosw- song lyrics and poems ALWAYS! lol

Thu Feb 2 18:26:25 PST 2017

**officialmacrosw**

RT @karengoda: Please be sure to include #MacroSW and the Answer number (A2) in your tweets!

Thu Feb 2 18:26:42 PST 2017

**karengoda**

RT @steviej717: @karengoda Q2: I think its a power struggle between the interests of the people of the US versus elites we have placed in...

Thu Feb 2 18:26:43 PST 2017

**karenzgod**

RT @deb\_fiske: @karenzgod Typically individuals with money and part of the political arena #MacroSW

Thu Feb 2 18:26:48 PST 2017

**sunyafolayan**

...or for good! #macroSW <https://t.co/Dcsj4O5X9c>

Thu Feb 2 18:26:49 PST 2017

**whatthetweet125**

RT @Justin\_Vest: Power is neutral. It's a tool that can be used for either good or bad. #MacroSW

Thu Feb 2 18:26:49 PST 2017

**kristianderson6**

A2: Power is typically held by those with money and status. Power can also be an outcome of an ambitious individual #powerofSW #MacroSW

Thu Feb 2 18:26:50 PST 2017

**haley0913**

Q2: Power is what one makes of it, it doesn't always have to be associated with a grand title, many people without titles have power #MacroSW

Thu Feb 2 18:26:50 PST 2017

**kay\_social\_work**

Yes! Power isn't only in the hands of those "in power," but with movements & groups seeking to empower #macrosw <https://t.co/f8kgnfXmvo>

Thu Feb 2 18:26:57 PST 2017

**karenzgod**

Seriously. #MacroSW <https://t.co/jY8kEauV7v>

Thu Feb 2 18:27:05 PST 2017

**jminiscalco332**

@deb\_fiske @karenzgod its scary that money can buy your way in to power. #MacroSW

Thu Feb 2 18:27:05 PST 2017

**\_ashblanchard**

RT @echoechoR: A2. interpersonal power, in relationships this is complex. In straight couples, can be equal, but guys always have inst. pow...

Thu Feb 2 18:27:08 PST 2017

**jenneffa1**

Our society values 💰 and equates it with power, historically it's been proven. If you have enough you can get in and out anything #MacroSW

Thu Feb 2 18:27:09 PST 2017

**echoechor**

RT @cassandramroth: Today it seems that people with money and fame hold the power in our society #macrosw <https://t.co/ZPeS6hagkQ>

Thu Feb 2 18:27:11 PST 2017

**deb\_fiske**

@TheNewSue2 @Justin\_Vest @OfficialMacroSW When power is used to encourage and build up, instead of tear down and control! #MacroSW

Thu Feb 2 18:27:12 PST 2017

**cassiewrightmsw**

A2: I think we tend to think celebrities, but it depends on how you look at it! I think power can be measured by numbers! #macrosw

Thu Feb 2 18:27:14 PST 2017

**nicoleclarklmsw**

A2: We perceived elected officials as having the most power. But they wouldn't be there if it

weren't for our votes. #macrosw <https://t.co/QwAtDqNrxN>

Thu Feb 2 18:27:18 PST 2017

**samantha\_mu17**

A2: The government and "higher ups" The people should have the power but society tends to go with what is said/done #MacroSW

Thu Feb 2 18:27:18 PST 2017

**taylorlpalmer1**

A2. People in office have all the power #macrosw

Thu Feb 2 18:27:23 PST 2017

**markanthonymsw**

A1:significant part of how we fulfill our needs throughout life.Power over ourselves or power over others is what it comes down to. #MacroSW

Thu Feb 2 18:27:35 PST 2017

**uhdare**

RT @NicoleClarkLMSW: A2: We perceived elected officials as having the most power. But they wouldn't be there if it weren't for our votes...

Thu Feb 2 18:27:41 PST 2017

**niaramorrow**

Those with privilege tend to have the power in our society as well. #MacroSW

Thu Feb 2 18:27:41 PST 2017

**themattschwartz**

A2: What I want to believe: the people, when we're awoken, and empowered. What I see: institutions, those w/ privilege and means #macrosw

Thu Feb 2 18:27:43 PST 2017

**echoechor**

RT @AmandaMichelle: right. power is definitely about the ability to bring about changes #MacroSW <https://t.co/DEbo5GSg1q>

Thu Feb 2 18:27:48 PST 2017

**karengoda**

RT @lauragolomb: @echoechoR I like your thoughts on internal power. We all have it but it can be difficult to tap into #macrosw

Thu Feb 2 18:27:52 PST 2017

**samantha\_mu17**

@deb\_fiske @karengoda I agree, people with money tend to have the power because they have the money #MacroSW

Thu Feb 2 18:27:53 PST 2017

**amarielive**

Q2: I see a lot of power in those joining together. Massive crowds can't be ignored. #MacroSW

Thu Feb 2 18:27:54 PST 2017

**lindzsunshine07**

@Samantha\_MU17 #macrosw : agreed I think as a society we like to conform (a2)

Thu Feb 2 18:27:57 PST 2017